

New Horizon गुरुकुल गुरुकुल TIMES

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सुधा सूक्ति

न चौर्यं हार्यम् न च राज हार्यम्
न भ्रात्रभाज्यम् न च भारकारी ।
व्यये कृते वर्धते नित्यम्
विद्या धनम् सर्वे धनम् प्रधानम् ॥

Education is the best wealth among all. No one can steal it, no state can snatch it. It cannot be divided among the brothers and it's not heavy to carry. As one consumes or spend it, it increases; as one shares, it expands.

EDUCARE - ENKINDLING THE LATENT GOODNESS

The Life's lesson from a Pencil

The pencil maker took the pencil aside, just before putting him into the box. There are 5 things you need to know, he told the pencil, before I send you out into the world. Always remember them and never forget, and you will become the best pencil you can be.



ONE: You will be able to do many great things, but only if you allow yourself to be held in someone's hand.

TWO: You will experience a painful sharpening from time to time, but you'll need it to become a better pencil.

THREE: You will be able to correct any mistakes you might make.

FOUR: The most important part of you will always be what's inside.

AND FIVE: On every surface you are used on, you must leave your mark.

No matter what the condition, you must continue to write.

The pencil understood and promised to remember, and went into the box with purpose in its heart.

Now replacing the place of the pencil with you; always remember them and never forget, and you will become the best person you can be.

ONE: You will be able to do many great things, but only if you allow yourself to be held in God's hand. And allow other human beings to access you for the many gifts you possess.

TWO: You will experience a painful sharpening from time to time, by going through various problems, but you'll need it to become a stronger person.

THREE: You will be able to correct any mistakes you might make.

FOUR: The most important part of you will always be what's on the inside.

AND FIVE: On every surface you walk through, you must leave your mark.

No matter what the situation, you must continue to do your duties. By understanding and remembering, let us proceed with our life on this earth having a meaningful purpose in our heart.

COGNIZANCE - 2019

"Choose a job you love, and you will never have to work a day in your life"
...Confucius

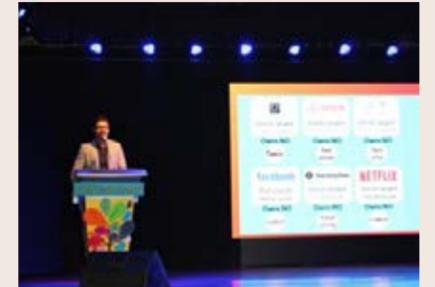
Career is a very significant journey in one's life where dreams and reality find consonance with each other. For few, success in a career is measured by financial and material accumulation, few others may base their success in career in recognition and popularity and for few others, success in a career comes through contribution to society. When analysed rationally, a blend of all these three put a successful career in a meaningful perspective.

New Horizon Gurukul presented Cognizance (Career orientation fair) on 24th November, 2019. The event started with an invocation song followed by a welcome address by Mrs. Niti Mahendra, Principal New Horizon Gurukul. Ms. Sargam Manghnani, Director NHG graced the occasion with her presence and felicitated the dignitaries. The highlight of the event was the key note address delivered by Dr. Rajadeep Manwani, a motivational speaker. In his eloquent speech, laced with various anecdotes which made every student revisit their inner being to assess their aptitudes, talents, passion and temperament. It gave every student the required insight and impetus to make career –selection decisions more pragmatically.

The key note address was followed by speeches given by special speakers. Dr. J P Prakash, an ex-IRS officer gave clarity on why and how to go about when it comes to civil services. This was followed by talk given by Mr. Venkataraman Umakanth, director NASSCOM. Mr. Umakanth focused on the paradigm shift in professions. Following these enriching and informative session was a talk given by Dr. Sowmya Narayanan, Professor and Head of the Centre for life skills, NHCE. Dr. Sowmya was instrumental in showcasing the skills that are required in the 21st century. Dr. Gopala Krishnan, Dean Research and Development in his address emphasised not only on the importance of research and innovation but also helped the audience get a better understanding of quantum of research that is undertaken in New Horizon group of Institutions.

The second half of the event took place in the library. Different counters with information about varieties of professions were set up with the help of parent and teacher volunteers. These counters provided information about courses, eligibility, streams and even career options that could be taken by the students. Counselling booths were available for the guests to get professional help.

Career choices when complement with personal values and attributes, the joy derived therefrom is absolute and NHG left no stone unturned to help students discover new avenues for a successful life.





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Admission Circular
FOR PLAYGROUP, NURSERY, LKG AND UKG
FOR THE ACADEMIC YEAR 2020-21

Dear Parents, Hari Om!

Registration forms for admission for the academic year 2020-21 for PLAYGROUP, NURSERY, LKG & UKG can be downloaded from 5th September 2019 onwards from the website www.newhorizonvidyamandir.in

Filled in registration forms should be submitted at New Horizon Vidya Mandir only. The registration fee is Rs.500/-. Parents can take a tour of the campus after the submission of registration forms.

The timings are: 9.00 am to 2.30 pm.

Please submit the filled in registration form with the following enclosed:

1. The latest passport size photograph of the child
2. Photocopy of the birth certificate
3. Aadhar copy of the child

The child should have completed 1 year 10 months on 1st June 2020 for admission to Playgroup. For admission to Nursery, the child should have completed 2 years 6 months on 1st June 2020, for LKG and UKG the corresponding age will be considered.

Mrs. Usha Vasudevan
Principal-NHVM

NATIONAL CHILDREN'S LITERARY FEST - 2019

Every child has grown up reading Ruskin Bond; and a literary festival conducted by the magazine Kloud9, whose chief editor is Ruskin Bond himself is every child's dream to be a part of.

The National Children's Literary festival 2019 was organized, with quite a few eminent writers, artists and journalists conducting workshops during the two day fest in KiiT (Kalinga Institute of Social Sciences) International School, Bhubaneswar, Orissa. Ishmita Menon, Devika Nair and Medha Gandham of grade 10 along with Yamini R of grade 8 and Pranavi Prasad of grade 9 participated in the festival with their articles being published in Kloud9 magazine and were felicitated for their work.

Various interactive sessions were conducted by eminent speakers namely Ruchira Das, founder, 'Think Arts', Vijayanti S Tonpe, Rituparna Ghosh and Deepa Agarwal who has written about 50 books in both English and Hindi, and her work has appeared in Japanese, Chinese and Korean, as well as 16 Indian languages. A workshop by Ajith Narayan, kept everyone on their feet- for cartooning sessions filled with fun illustrations and ideas to make books, be it a short story or a novel, come to life.

On Day 2 of the festival, a wonderful workshop by Chatura Rao on the ethics and discipline of Journalism threw light on handling sensitive topics and situations and how to maintain the identity of a juvenile in a report. The festival ended with a beautiful ceremony where the prize winners were felicitated; and concluded with a play called 'Jhum Jhum Jhumpa' by Tamasha Theatre, from Mumbai. It took us to a magical world of bats and the journey of the little girl, Jhumpa, who teaches the values of hard work, friendship and optimism.

As everyone walked out of the magical world of Jhumpa, resolve to attend the next National Children's Literary Festival and to experience more magical moments grew stronger than ever.

Ishmita Menon, 10 C



VRINDAVAN DELHI TRIP

School trips leave a great impact in the minds of students where they go without their family accompanied by friends and teachers. This enables them to rely on themselves and learn to be responsible and independent.

Students of grade IX went on a school trip to Delhi, Jaipur and Vrindavan for a duration of 5 days. (Nov 1st – 5th 2019)

On the first day students stayed in Delhi, where they visited the Rashtrapathi Bhavan and Akshardham Mandir and had a mythological experience portrayed by a fascinating fountain show.

On the next two days, students visited the spiritual city of Vrindavan. The localities here believe that Lord Krishna still resides here in his supernatural form. Visit to many significant temples here recharged everyone spiritually and a boat ride in river Yamuna was very exciting and a fun filled evening in Lord Krishna's playground, Raman Reti was indeed a spiritual experience.

The last two days were spent in visiting many historical places in Jaipur, the highlights being a tour of Amer Fort and a Rajasthani cultural experience in Chokhi Dhani. Students also visited a Goshala here and had loads of fun playing tug of war. The educational experience in Jantar Mantar was truly fascinating. The day ended with meeting the famous U-19 cricketer, Kamallesh Nagarkoti at the Jaipur Airport.

The amount of fun students had in this trip has no parallel. The days flew by swiftly and everyone could barely acknowledge its end. This was indeed a trip students would cherish forever.

Vanshika, 9A



KANNADA RAJYOTSAVA

On Friday, the 15th of November, on the occasion of the birth anniversary of the great poet and saint Shri Kanaka Dasa, Karnataka Rajyotsava was celebrated in the Gurukul campus with great fervour. As one stepped in through the entrance, the sight of the school, festooned with confetti of red and yellow, was one to behold.



The morning assembly started with the Principal of the school, and the school Coordinators lighting the lamp and offering prayers before Goddess Kannada Bhuvaneshwari. Through an informative speech highlighting the importance of the day, Tanush S and Vamsi Krishna of grade 9C informed the school about how Karnataka Rajyotsava marks the day, when in 1956, all the Kannada language-speaking regions of South India were merged to form the state of Mysore. The newly unified state retained the name "Mysore" until 1973, after which it was renamed to 'Karnataka'.

This glorious morning was adorned by a spellbinding classical dance performance by Chandana of grade IV A. The grace and poise of the performer charmed one and all; as the audience broke into vehement applause several times during the course of her presentation. The dance performance

was followed by the rendition of a beautiful Kannada song, glorifying the magnificent heritage of Karnataka and a spectacular group dance performance by students of grade 8F.

On this joyous morning, the school Principal addressed the school and implored all to be grateful towards the land of Karnataka, that gives us water as sweet as that of Kaveri and rice that is the best in the world, for its beauty and bounty that could not be explored even in a life-time. She appealed to all to learn Kannada, as it is one's moral responsibility to learn the language of the land that nurtures him. One must bear respect for all languages and cultures and embrace them willfully, so as to emerge as a truly evolved human being.

The observance of this day surely filled the hearts of all Gurukulites with immense gratitude and left them with much to reflect on. It was a proud day!



FIELD TRIP TO PHALADA AGRO FARM

On 22nd Nov, students of grade 6 were taken on a field trip to Phalada Agro Farm, Bangalore to learn in the lap of nature. Students actively involved themselves in setting pits for vermicomposting and learnt various aspects of organic farming. Visit to Biopesticide lab and food processing unit was a great learning experience for all the students where they witnessed preparation of biofertilizers and extraction of medicinal oils from mint leaves. This was followed by planting saplings and a short visit to flower garden. Facilitator at Phalada, Mr Abhishek, in his short talk to students gave insights into organic farming advantages and the use of biofertilizers. The lessons of *Going Green* was very well absorbed by every student towards the end of the trip.



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CALCULATION OF TIME ACCORDING TO VEDIC SCIENCE - PART I

TIME is something that we all possess equally. It is something we cannot see, touch or taste, but definitely can measure its passage and feel its impact on us. Time is familiar to everyone, yet we find it hard to define and understand. Science, philosophy, religion, and arts have different definitions of time.

A layman defines time as the duration in which all things happen or a precise instant that something happens. Physicists define Time as the progression of events from the past to the present into the future.

Bhagavad Gita defines Time as a representative of Lord Krishna. "kalah asmi - Time I am." - Bhagavad-Gita 11.32

The most accurate definition of time is given in the Vedic scriptures, specifically Srimad Bhagavatham which is considered as a spotless Purana. It has a dedicated chapter consisting of 42 Shlokas to describe the different attributes and measurement of time with respect to movement of atoms.

When atoms move to cover space, this is called time, and time is measured according to the amount of space covered by atoms. - Srimad Bhagavatam 3.11.3-4.

It also gives a detailed description on how time can be calculated based on the movement of atoms. In summary, when 30,375 atoms move, 1 second has passed. This very high level of scientific knowledge is another proof that the Vedic knowledge comes from a highly intellectual God or His representative.

The following table gives a glimpse of the Vedic calculation of time based on the movements of atoms:

Vedic time term	Movement of number of atoms	Human time measurement
One trasaretus = 3 double atoms	6	8/40,500 second
One tru ti = 3 trasaretus	18	8/13,500 second
One vedha = 100 truti	1800	8/135 second
One lava = 3 vedhas	5400	8/45 second
One nimea = 3 lavas	16,200	8/15 second
One kasana = 3 nimesas	48,600	8/5 second
One kāsthā = 5 kasanās	243,000	8 seconds
One laghu = 15 kāsthās	3645 x 103	2 minutes
One danda = 15 laghus	54675 x 103	30 minutes
One praharas = 6 dandas	328050 x 103	3 hours
One day = 4 praharas	1312200 x 103	12 hours
One night = 4 praharas	1312200 x 103	12 hours

This is how our days and nights are calculated as per the Vedas.

In the next article, we will read about more comprehensive time measurement in terms of the Yugas and the lifespan of the secondary creator of the universe (Brahma).

वो कागज़ की कश्ती वो बारिश का पानी

'बचपन सिर्फ़ शब्द नहीं बल्कि कई कोरे पन्नों को रंग-बिरंगी यादों के साथ एक बस्ते में सजाये रखने का नाम है'

बचपन के दिन बड़े ही सुहावने होते हैं बचपन बड़ा ही आनंददायक और जोशीला होता है। बचपन इतनी चंचलता और मिठास से भरा होता है कि हर कोई फिर से बचपन जीना चाहता है। जाने - अनजाने में हमारा बचपन हमसे कैसे दूर होता चला गया, इसकी भनक भी नहीं लगी। दूर क्यों ना होता, जरा सोचकर देखें गलती किसकी थी? शायद हमें ही बड़े होने की जल्दी पड़ी थी, बड़ा बनना था. . . बाहर जाने के सपने थे. . . ढेर सारे पैसे कमाने थे . . . वगैरह. . . वगैरह जो चला गया अब लौटकर भी नहीं आएगा। बचपन बहुत भोला होता है लेकिन इससे हमें पीछा छुड़ाना था। इस भीड़-भाड़ भरी जिंदगी की राहों में हर-एक व्यक्ति दिन-रात, जी-तोड़ मेहनत में लगा रहता है, क्यों ? ? ? देखा जाए तो हम सबको घुमा फिरा के एक ही चीज चाहिए, वो है खुशी लेकिन सच पूछो तो लाख कोशिशों के बावजूद हम पूरी तरह से खुशी पाने में सफल हो ही नहीं पाते। कभी इस चकाचौंध भरी दुनिया से फुर्सत मिले तो किसी छोटे बच्चे के साथ कुछ पल जी कर देखें, यकीनन आप उस पल में ही, अपना बचपन उस बच्चे में पाओगे और देखना फिर से रंग-बिरंगी यादों का बस्ता अचानक फिर से खुल जाएगा



INTEL AI-THON 2019 - AN ARTIFICIAL INTELLIGENCE READINESS WORKSHOP

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Ishmita Menon, 10 C

STEM WORKSHOP FOR SCIENCE AND MATHEMATICS TEACHERS

An enriching workshop was conducted by an organization called Butterflies for the Science and Mathematics teachers of New Horizon Gurukul on 15th November 2019. The concept of the workshop was to familiarize the teachers with various ways of implementing experiential learning in the classroom atmosphere.

The session started with a fun activity for teachers to build a strong and tall tower only with straws, which can stand without any external support. This was to bring up the importance of making the basic concepts strong in a child. Then the teachers were seated in groups as per their subject and classes they teach. Each group was provided with a learning kit. The kits contained child friendly materials of good quality and a user manual. The teachers explored the materials provided and made the models which explain different concepts. One teacher from each group demonstrated a model to all, towards the end of the session. The trainers were actively providing suggestions and help while the teachers worked like students. The kits were then collected in a box, and were meant to be given to the school as a complement. Teachers had a different learning experience, enriching their knowledge and will help them to improve their teaching skills.



ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವ

ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಪ್ರತೀವರ್ಷ ನವೆಂಬರ್ ೧ ರಂದು ಏಕೀಕೃತ ರಾಜ್ಯದ ಸಂಕೇತವಾಗಿ ಆಚರಿಸಲಾಗುತ್ತದೆ. ಈ ದಿನ ಕರ್ನಾಟಕ ರಾಜ್ಯದ ಹುಟ್ಟುಹಬ್ಬ, ಕನ್ನಡ ಭಾಷೆಯನ್ನು ಮಾತನಾಡುವ ಎಲ್ಲಾ ಜನರು ಒಂದೇ ರಾಜ್ಯವಾಗಿ ಒಗ್ಗೂಡಿದ ದಿನ. ಸ್ವಾತಂತ್ರ್ಯ ಪೂರ್ವದಲ್ಲಿ ಕರ್ನಾಟಕದ ಕೆಲವು ಪ್ರದೇಶಗಳು ಪರಿಮಿತ ಹಂಚಿ ಹೋಗಿದ್ದವು. ಕನ್ನಡ ಕುಲ ಪುರೋಹಿತರಾದ ಅಲೂರು ವೆಂಕಟರಾಯರು ಕರ್ನಾಟಕದ ಏಕೀಕರಣ ಚಳುವಳಿಯನ್ನು ಕ್ರಿ.ಶ. ೧೯೫೨ರಲ್ಲಿ ಪ್ರಾರಂಭಿಸಿದರು. ಈ ಚಳುವಳಿಯಲ್ಲಿ ಕನ್ನಡದ ಅನೇಕ ಹೋರಾಟಗಾರರು ಭಾಗವಹಿಸಿದರು. ಇದರ ಫಲವಾಗಿ ಕ್ರಿ.ಶ. ೧೯೫೬ ನವೆಂಬರ್ ೧ ರಂದು ಮೈಸೂರು ರಾಜ್ಯದ ಉದಯವಾಯಿತು. ಕ್ರಿ.ಶ. ೧೯೭೩ ನವೆಂಬರ್ ೧ ರಂದು ಮೈಸೂರು ರಾಜ್ಯಕ್ಕೆ ಕರ್ನಾಟಕ ಎಂದು ಮರುನಾಮಕರಣ ಮಾಡಲಾಯಿತು. ಇದರ ನೆನಪಿಗಾಗಿ ಪ್ರತೀವರ್ಷ ನವೆಂಬರ್ ೧ರಂದು ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಆಚರಿಸಲಾಗುತ್ತಿದೆ. ಕೆಂಪು ಮತ್ತು ಹಳದಿ ಬಣ್ಣದ ಬಾವುಟ ಕನ್ನಡದ ಬಾವುಟವಾಗಿದೆ. ಕುವೆಂಪುರವರು ಬರೆದ ಜೈ ಭಾರತ ಜನನಿಯ ತನುಜಾತೆ ಗೀತೆಯು ಕರ್ನಾಟಕದ ನಾಡಗೀತೆಯಾಗಿದೆ. ಜೈ ಹಿಂದ್, ಜೈ ಕರ್ನಾಟಕ ಮಾತೆ, ಸಿರಿಗನ್ನಡಂ ಗೆಲ್ಲೆ, ಸಿರಿಗನ್ನಡಂ ಬಾಳ್ಗೆ.

ಮೈ.ವಂಸಿ ಕೃಷ್ಣ ಮತ್ತು ತನುಷ್. ಎಸ್

೯ನೇ ತರಗತಿ 'ಸಿ' ವಿಭಾಗ

VALUE OF THE MONTH - FORGIVENESS

To learn to give and forgive is the very basis of human life. Forgiveness is letting go of the need for revenge and releasing negative thoughts of bitterness and resentment.



CONSTITUTION DAY 2019

“Constitution morality is not a natural sentiment. It has to be cultivated.”

The existence and successful survival of Democracy ‘in such diverse conditions is the most celebrated fact about our country with constitution as its backbone. To reinforce the significance and importance of constitution NHG celebrated Constitution Day in all its solemnity on 26th November .It was marked by the conduct of a ‘Special Assembly’ by the students of the school. The celebration started with a meaningful thought from Chanakya niti giving insights into administration.

A speech by grade 10th student on our constitution took everyone on a journey of our constitution from its inception to its present day form and its vital role to cultivating an idea of one nation. After that, a song was presented by Hruthi C, Nathania Lajji, Ananya Deshpande, Tara P and Akanksha about the importance of Our Constitution which was composed by them. A panel discussion was also conducted on the fundamental duties and fundamental rights of Indian citizens followed by an oath on preamble by the students. The assembly ground echoed with the words. In her address to students, Principal, NHG stressed upon fundamental duties and their importance before we fight for our fundamental rights. Quoting various examples, she gave an insight to the essence of democracy and constitution. The programme concluded with National Anthem.



UNSTOPPABLE ACHIEVERS OF GURUKUL - NOVEMBER 2019

1 12th State Level Olympics Meet organized by Karnataka State Olympics Association, Bangalore was held on 12th November 2019 and NHG won the following laurels;

Under-15 Boys Gurukul team emerged as Winners in Basket Ball Tournament. The team comprised of Kirhsna Harshit Reddy, 8E , Akshay 9B, Pranav Eshwar 9A, Lakshya 9D, Saashwath S 9E, Rakshith Bollineni 9A, Aditya Raj 10B, Shreyas S 10C, Pranav Ratish 10 D were felicitated with medals, certificates and Winner trophy.



2 In Under-15 Girls team OF Gurukul bagged the Runner’s trophy .The team consisted of Niyatee 8F, Sanjana M 8F, Shriya 8E, Suhani 8B, Tanya Mohanty 9B, Saanchi Parekh 9B, Sermin Singh 9D, Sanjana R 9E, Sania Naidu 10B, Nehal Jain 10D, Maahi Shetty 10 C.

Interschool Badminton tournament was held in Wahe Public school on 12 November.

3 In Under-10 Boys category, Master Hardik Mohanty of Grade 5F won the first prize and Master Jaidev of 4H won the second prize in the tournament Hardik Mohanty Jaidev

4 In Under-12 Girls, Linesha Maya of 7A won the title and Sahiti G of 5F secured the second place.

5 In Under-12 Boys Singles category, Vignesh Sriram bagged the first prize.

6 In Under-14 Boys Singles Category ,Pravarchith R M of 9E won the first prize and Akshat Pathak bagged the second prize.

7 In U-14 Boys doubles, Pravarchith R M of 9E and Akshat Pathak of 9A emerged as winners and in U-14 Girls doubles, Linesha Maya 7A and Anwasha Deb 7C won the Runner’s trophy.

8 In Interschool U-12 Basketball tournament at Green field School Bangalore, Boys and Girls team of Gurukul emerged as Runners-up. They were felicitated with Runner’s trophy, medals and certificates.

Master Dev Charan was awarded as best player of the tournament.

9 In U-12 Interschool Basketball tournament held at Greenfield School, Jakkur , NHG both the teams of Boys and Girls won the Runner’s Trophies.

Boys team comprised of Prajin Shankar 5D, Dev Charan 5H, Aaryan Khare 5B, Harshal Hambe 5C, Joshiv Reddy 5E, Kalash K Doshi 5B, Reyansh Padhey 4C, Vidyuth Anand 6A, Sanchith 6F, Brihaan Shankar 6B, Chakshu K Reddy 6B, Sai Arjun Kadiyala 7D, Dhairya 7F

Girls team consisted of Meera Pradeep 7E, Navya Jain 7E, Anvi 7G, Anusha Dubey 6B, Udaya V 6B, Kashvi Chopra 5D, Amuthini Srinivasan 5B, Shreya N Sajjan 5A, Sanskriti R Patil 5A, Sakshi Viraj 7G, Yukthi Kapoor 7G, Gitali Mohanty 4F, Advika Jha 5C.

10. In CBSE Regional level science exhibition held on 22nd and 23rd November 2019 at DPS, Ananya Premi of class 7th B displayed her project ‘Vayu Shodh Tantra’. She proposed a solution for better air quality through network of air filters, both static and mobile filters. ‘Crowdsourcing - practice of engaging a ‘crowd’ or group for a common goal’. Her Model was selected among 130 project models and she will represent Karnataka at National level in January 2020.

11. Karnam Naga Sathwik of grade 5G took part in Fito Sports tournament against BFC and Barca. He and his team represented PUFA club and achieved Golden Glove runners up title.

12. On Children’s day, Spandana ,association of BEML conducted singing competition .Varsha Sriram of 5G won the first prize in solo singing competition.

13. Akshara Sai M of 5G, won silver medal in badminton tournament organised by Prakash Padukone badminton academy and was felicitated by Mr. Prakash Padukone.

14. Meerugamala Keerti of grade 5G was felicitated by TTD (Tirumala Tirupati Devasthanam) for best performance in Bharatnatyam performance in Tirupati in the month of November.

ART CORNER



Abhijit Sriram, 8C



Anurati, 9D



Pranav Vinod, 9B



Sagarika, 7F



Sonia Badgeri, 10A



Pratyasha Sahoo, 2F

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