

## ACHIEVEMENTS

- Siddhesh J of class 8th E participated in The Hindu -School Chess Competition 19-20 and secured 3rd place in the U-15 Open category.
- Siddhesh J of class 8th E participated in the 14th BRDCA All India Open FIDE Rated Chess Tournament and secured 2nd place in the U-14 category
- Aarush G Malannavar of 4 I, had participated in Gopalan international school sports utsav 2020 held on 21st Jan and stood as Runner up in tennis under 10 yrs category. He had represented NHG and was felicitated with a trophy, medal and a certificate.
- Advik Adatiya of 7G won third prize in the 2nd state level karate do Tournament on 12th January 2020 in Bengaluru.
- Ms. Akriti Adatiya, II D, won third prize (bronze medal) in the 2nd state level karate do Tournament on 12th January 2020 in Bengaluru.
- VVM, Vidarthi Vigyan Manthan, India's Largest Science Talent Search for New India using Digital Devices under Department of Science and Technology, Government of India, in association with National Council of Education Research and Training (NCERT) and Vijnana Bharati, an NGO led by eminent scientists, is conducting the Vidarthi Vigyan Manthan (VVM) for school students of classes VI to XI. VVM aims to identify the bright minds among the student community, who are keen on subjects related to science. State level Camp of VVM was held in Mysore on 11th and 12th January 2020.
- Students from New Horizon Gurukul (Aditya Tripathi, 7F, Jahnvi Praveen, 6A, Kanika Chowdhury 6H, Yajath Pandey 6H, Rishab 7B, Dhruv Iyer 8E, Mohanna Manna, 7D) were selected after they qualified VVM-online exam held in the month of November 2019 from Karnataka. All students had a wonderful opportunity to attend enriching Sessions with Dr. ASVKS Sharma, Senior Principal Scientist at Central Food Technological Research Institute, Dr K Kasturirangan, former ISRO chairman and chairman of the National Education Policy 2019 drafting committee and Dr R Balasubramaniam, founder of Swami Vivekananda Youth Movement.
- The World Scholar's Cup 2020 was hosted by Greenwood High International School, Bangalore on the 25th and 26th of January, 2020. Two teams comprising of 3 members each from our school participated. The team members of the first team were- Hari Shankar (9B), Maanas Popuri (9B) and Gautham Pratheep (9B). The team members of the second team were - Akshay Arun Prasath (9B), Siddhant Ganesh (9E) and Saaswath Sundaresan (9E). Both teams performed extremely well and have been selected for the global round, and also brought home laurels. The World Scholar's Cup is a huge competition where students get to showcase their skills in debating, quizzing, creative writing and a multiple-choice challenge comprising of 120 questions, with 6 subjects involved- Social Science, Arts and Music, Science, Literature, History and Unsolved Mysteries.



Siddhesh J



Advik Adatiya



Akriti Adatiya



### Prizes won by the students with the categories are given below:

#### Team Debate

Team 2 - Akshay, Siddhant, Saaswath - Gold medals  
Team 1 - Hari, Maanas, Gautham - Gold medals

#### Team Challenge

Team 2 - Akshay, Siddhant, Saaswath - Gold medals

#### Team Bowl (Quiz)

Team 2 - Akshay, Siddhant, Saaswath - Gold medals

## CORONA VIRUS

The 2019 Novel Coronavirus, or 2019-nCoV, is a new virus first identified in Wuhan, Hubei Province, China. The virus, once it invades the body causes problems to the respiratory system. The source of this virus is currently unknown but investigations are being held to find the same. There is currently no cure for this virus, therefore we must do our best to prevent it as prevention is better than cure

Some Preventive measures for this virus are;

- Hands must be often washed with soap and water. An alcohol based hand sanitizer must be used in case of lack of soap and water.
- Avoid touching eyes, nose, and mouth with unwashed hands.
- Avoid close contact with someone who is sick.
- Always carry a tissue with you to cover your mouth and nose when sneezing or coughing. Make sure that the tissue is thrown in the dustbin at the earliest convenience. Immediately wash hands or use hand sanitizers.
- Consumption of raw or undercooked animal products must be completely avoided.
- Avoid travelling to other countries or states which have reported cases of this disease.



### Vijay Harsha, 9B

#### Team Writing

Team 2 - Akshay, Siddhant, Saaswath - Gold medals  
Team 1 - Hari, Maanas, Gautham - Gold medals

#### Champion Teams

Team 2 - Akshay, Siddhant, Saaswath - Gold medals and Trophy  
Team 1 - Hari, Maanas, Gautham - Silver medal

#### Overall Champion 3rd place



#### Individual Medals

Team Debate-  
Saaswath Sundaresan - Silver  
Siddhant Ganesh - Gold  
Akshay Arun Prasath - Gold  
Gautham Pratheep - Silver  
Hari Shankar - Gold

#### Writing Champions

Saaswath Sundaresan - Silver  
Siddhant Ganesh - Silver

Akshay Arun Prasath - Gold  
Gautham Pratheep - Silver  
Hari Shankar - Gold

#### Champion Scholars

Siddhant Ganesh - Gold  
Akshay Arun Prasath - Gold  
Hari Shankar - Gold  
Gautham Pratheep - Silver

# New Horizon GURUKUL GURUKUL TIMES

ISSUE - 49

January - 20120

यथा चतुर्भिः कनकं परीक्ष्यते निघर्षणच्छेदनतापताडनैः ।  
तथा चतुर्भिः पुरुष परीक्ष्यते त्यागेन शिलेन गुणेन कर्मणा ॥

Translation-

The way gold's purity is tested by rubbing, cutting, heating and pounding, similarly, a person's qualities are tested by gentleness, manners, habits and deeds.

to the nation and make the Nation belong to today's fast paced world. The self choreographed dance performance by the students infused the patriotic spirit in the audience. The heartfelt renditions of patriotic songs aroused feelings of love for the nation and brotherhood among all.

The celebrations continued with a special award giving ceremony. Prithvi House was honoured as the overall winner in CCA for the Academic Year 2019-20. The Eight State level and Fifteen District level Achievers of the Kannada Talent Search Exam 2019 conducted by Taramandala Sirikannada Balaga Chitradurga were felicitated by Mr. Surya Bajaj and Ms Sargam Manghnani. The program ended with the message to create a great nation through collective efforts, proclaiming peace everywhere.



## EDUCARE - enkindling the Latent goodness

### The Eighteenth Camel

A wealthy merchant from the east passed away. In his will, the man stated equal division of his wealth to his three sons, but his most treasured camels were divided in a rather challenging way.

According to the will, the eldest son was to be given half of the camels, the middle son was to be given one third of the camels, and the youngest son was to be given one ninth of the camels. The merchant had seventeen camels. Now, it was not possible to divide 17 camels into half, one third or even into one ninth. The three sons started fighting with each other for their fair share of the camels.



Since the sons were not able to distribute the camels among them, they went to a wise man for advice. The wise man patiently listened about the sons' dilemma. After carefully understanding the situation the wise man brought one of his camels and added to the the seventeen camels of the merchant. That increased the total to eighteen (18) camels.

Now, he started reading the deceased father's will and divided the camels. Half of eighteen is nine. So he gave the eldest son nine camels. One third of the eighteen is six, so he gave the middle son six camels. The youngest son got one ninth of the eighteen camels, so he gave him two camels.

After giving nine, six and two camels to the sons, he successfully distributed seventeen camels. The wise man took back his camel.

The attitude of negotiation and problem solving is to find the 18th camel i.e. the common ground. Once a person is able to find the common ground, the issue is resolved. It is difficult at times. However, to reach a solution, the first step is to believe that there is a solution. If we think that there is no solution, we won't be able to reach anywhere!

## ANNUAL SPORTS MEET SECONDARY SCHOOL REPORT 2019-2020

The much awaited sports extravaganza was held on the sprawling grounds of New Horizon College of Engineering grounds on January 25th 2020 with great zeal, excitement and frolicsome atmosphere in which all the students participated with great fervour reflecting their skills with unimpeachable fitness, amidst thrills and cheers. The event commenced with the arrival of the respected dignitary, the chief guest of the day Mr.Thimmaiah M P, an International Rugby player and a National Level Athlete. He was received by the President (NHG) Mr.Surya Bajaj. The Chief Guest shared a few personal sporting experiences and enlightened the audience on the essentials of sports in a child's life.



The inspection of the four houses -Agni, Jal, Prithvi and Vayu by the Chief Guest, was followed by an impressive, synchronized and spectacular March Past performed by the students belonging to different houses. The oath was administered by Sports Captain, Ms. Maahi Shetty and the students solemnly pledged to uphold the spirit of true sportsmanship. The ceremonial torch that symbolizes the true spirit of the games was lit indicating the start of the meet.



The highlight of the Sports Meet was the amazing display of drills and aerobics. The Sports India display by grade 5 students depicted the famous games

played in India. The vibrant Tri- Colour Display by the students of grades 6, 7, and 8 left the audience mesmerised. The peaceful postures in the Yoga display by the students of grades V to VIII set the right mood which enthralled the audience.

The students entered into the spirit of the occasion in a grand way with the highly competitive events. Student Athletes (girls and boys) participated across a range of track and field events ---like running races, obstacle races, hurdle races and the 4 x 100 m relay. The Best March Past trophy was awarded to Vayu House and the overall champion trophy was awarded to the Prithvi House.

The event concluded with a rendition of the National Anthem and the Annual Sports Meet was declared close. It was a day filled with great moments and memories to cherish. The students departed with a clear smile on their face. It was exhilarating with wonderful moments and achievements.

Ms. Sheela

Abhinav Sunil - 8A

Archita NK, 9B

Kavya P, 2E

Kavya P, 2E

Shubhan R, III A

Meera Murali, 2F

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**Admission Circular**

**FOR PLAYGROUP, NURSERY, LKG AND UKG FOR THE ACADEMIC YEAR 2020-21**

Dear Parents, Hari Om!

Registration forms for admission for the academic year 2020-21 for PLAYGROUP, NURSERY, LKG & UKG can be downloaded from 5<sup>th</sup> September 2019 onwards from the website [www.newhorizonvidyamandir.in](http://www.newhorizonvidyamandir.in)

Filled in registration forms should be submitted at New Horizon Vidya Mandir only. The registration fee is Rs.500/-. Parents can take a tour of the campus after the submission of registration forms.

**The timings are: 9.00 am to 2.30 pm.**

Please submit the filled in registration form with the following enclosed:

- The latest passport size photograph of the child
- Photocopy of the birth certificate
- Aadhar copy of the child

The child should have completed 1 year 10 months on 1<sup>st</sup> June 2020 for admission to Playgroup. For admission to Nursery, the child should have completed 2 years 6 months on 1<sup>st</sup> June 2020, for LKG and UKG the corresponding age will be considered.

Mrs. Usha Vasudevan  
Principal-NHVM

## AIR IN BENGALURU

Have you ever thought how the air is in Bengaluru? Do you think you know how much PM 2.5 is there? If you have thought and want to know the answer, this article is for you. Three students, myself Dhruva Iyer of 8E, my brother Dhanush of 7D, and my friend, Shreyas of 8D of NHG went and checked the air quality in and around in 5 different roads and recorded our readings via pictures on our phone. The results were highly shocking, and we were astonished after checking our readings.

We took our Air Quality Monitor and with help from our parents, travelled to these roads and measured the air quality. PM2.5 refers to atmospheric particulate matter (PM) that have a diameter of less than 2.5 micrometers, which is about 3% the diameter of a human hair. Commonly written as PM2.5, particles in this category are so small that they can only be detected with an electron microscope. The device we used measured the PM2.5 in the surrounding air, deeming it as good or bad. Thus, we get an idea of how polluted air in your immediate surrounding is. We recorded air pollution in Adarsh Palm Retreat, it's back road, near Prestige Sunnyside Oak, Doddakanelli-Carmelram road and near New Horizon Gurukul. Our PM2.5 monitor showed a whopping 284 as highest and a good 39 as lowest. In the world, the most polluted city is Luanda, in Angola, South Africa. In India, the most polluted city is our national capital Delhi, with an AQI of 527. Unless we cut down on the enormous amounts of air pollution we produce, we will take global warming to great heights. The need of the hour is to educate and take action to protect the environment and the Earth.

**We can:**

- » Buy electric vehicles
- » Plant more trees
- » Carpool or bike pool
- » Prevent deforestation as much as possible

**Dhruv Iyer, 8E**



From top right in clockwise direction: near New Horizon Gurukul, Adarsh Palm Retreat (APR), Prestige Sunnyside Oak, APR back road and Doddakanelli-Carmelram road.

## MOCK PARLIAMENT 2020

Knowledge about your subjects is important, however, knowledge about your country, knowledge which can change the world, is even more important.

With the start of December, students from the 9th grade along with a few teachers from the Social Science department formed an Organizing Committee and took the initiative to introduce to the school, New Horizon Gurukul's first edition of the Intra-School Mock Parliament.

After countless discussions and ideas, the Organising Committee came up with 4 committees/topics of discussion. The four committees aimed to reform our nation and the agendas were set for the same. Caste Reservations, Religious Intolerance, Indian Organization of Prevention of Border Infiltration (IOPBI) and Vision 2025 were picked out of a long list.. A planned and educative orientation by the Organizing Committee and the Executive Board gave everything that was needed by the participants and set the path of the event towards success. The entirety of the planning took a total of 2 and a half months. With countless nights spent in planing the same, the Mock Parliament blossomed into the best it could be. Finally on the 6th of January, as the event commenced with the address and the formal declaration of the start of the event given by the principal, the delegates went to their committee rooms with a will to change our country for the better.

The level of debate in every committee was high for committees were filled with first-time delegates. Each delegate learned a little more than how decisions are taken in our country. They learned about how to make decisions, highlight improper facts and logical fallacies in other persons' speeches and how to put their very valuable point and opinion across in a high-speed conversation/debate. And finally, the committees came to an end after the 3 debate- filled hours, leaving the Executive Board, the Organising Committee and all participants, feeling that they had done something for society, feeling that they were capable of doing so, but only if they take the step forward.

**Rama Gayatri 9A & Vijay Harsha, 9B.**



## SELF CONFIDENCE - THE STRENGTH WITHIN

Obstacles from our own mind can be overcome by self-control. Nevertheless, many a times, we may also face external obstacles in the form of unforeseen misfortunes. Life may appear to be a burden without a ray of hope. We should not despair! This is the time to rely on our SELF CONFIDENCE. Here is a real life incident of a National Level volleyball player.

Born in 1988, near Lucknow in U.P, Arunima Sinha excelled in sports. In 2011, when she was travelling in a train to Delhi, a few thugs entered the compartment and started looting the passengers. When Arunima refused to hand over the gold chain she was wearing, she was thrown out of the moving train. She fell off the train onto a parallel track. Unfortunately she lost her left leg, when another train ran over it.

She not only lost her leg, but had to face the cruel fate of shattered dreams and beinghandicapped. When everyone sympathised and felt pity for her condition, Arunima did not allow dejection and sorrow to shatter her SELF CONFIDENCE. While recovering, she dreamt big – a dream to conquer Mt. Everest.

Arunima decided to work for achieving her dream. It was not all that easy. With a strong will power and self confidence, she overcame all negative feelings, and

worked hard to achieve her goal. In 2003, hardly two years after the accident, Arunima Sinha did it! She climbed the Mt. Everest and hoisted the Indian national flag.

Arunima became the world's first woman amputee, to achieve this feat. She was awarded the "PADMASHRI" award, for this phenomenal accomplishment. She

did not stop there! She has successfully climbed the highest mountain peaks in Africa and Australia. How was this possible? It was her SELF CONFIDENCE and STRONG WILL POWER that made it possible.

*"Believe that you will succeed, and you will..."*

*I can, I shall and I will..." Arunima Sinha*



## VAIKUNTA EKADASHI CELEBRATIONS

The Ekadashi that occurs during the waxing cycle of moon during the Margashirsha month (late December - January in English calendar) is of special significance, and is glorified as Vaikuntha Ekadashi. Sri Srinivasa Govinda or Lord Venkateshwara is the center of all festivities on this day. Festivities start from the dawn. According to history, when Nammalwar (one of stalwart devotees of Lord Vishnu) reached the end of his life, Lord Vishnu personally came to the Vaikuntha Dwara to receive His dear devotee and take him to His kingdom. To commemorate this, Vaikuntha Ekadashi is celebrated in all Vishnu temples.

This year Vaikunta Ekadashi was celebrated on 6th January at NHG. 'Vaikuntha Dwara' was created at the entrance of Values Plus room, to seek the blessings of the Lord Venkateshwara. Bhajans, Kirtans and Shloka chanting with aartis charged the entire school environment with spiritual radiance .

**Sushma B, Values+**



## THAT ONE FATEFUL NIGHT

I was about to sleep when I heard shouts of, "Fire, Fire." I rushed and saw old Mrs Gupta's bedroom on fire it was like a raging inferno. I lived in a remote village; the closest city was more than 40 km away so by the time the fire brigade would have arrived it would have been way too late. All around me was anarchy and desperate attempts to put out the fire. Mrs Gupta had somehow run out of her house before the fire grew too large but, in the confusion, she had left her dog 'Max' behind. Max was the only family that she had left, her husband had died serving the country and her son had left her to go live abroad with his family. She desperately pleaded with tears running down her face, "I don't care about the house or the money just please help me save Max, please." I realized that unless the situation was brought under control there would be no hope so, I decided to take initiative and lead the villagers. At the time I was only 17 years old so the at first the villagers were reluctant to listen to me but soon they gave in as they too realized that time was of the essence. I took what seemed to me the best course of action at that particular time, I spilt the villagers into multiple groups, the first group was tasked with fetching water from a nearby stream. The members of this group formed a line stretching from the stream to the house, each armed with a bucket in their hands they started getting water from the stream, they passed the water from one bucket to another and the water eventually reached the house where it was given to the members of the second group. The second group was tasked with pouring the water onto areas that were engulfed in flames in hopes to put out the fire. The third group had one of the most difficult jobs they had to go into the house and get Max out, they wore oven mittens and carefully removed the objects blocking the path to Max, and after what seemed like days but in actuality was just an hour they reached the smoke filled room in which they saw Max motionless under a piece of wood, they went over to him and got him out from under the wood , to their relief he was alive which they had concluded when they felt his faint heartbeat, he had passed out due to the intense heat and lack of oxygen. Max was a big dog it took three people all their strength to get him out of the house. Everyone was relieved when they saw that Max was safe, and by now thanks to the efforts of the first two groups the fire had almost been put out completely. A good thirty minutes later the fire brigade finally arrived, they examined the area and commended us on our efforts they were also extremely impressed by our clever use of oven mittens. They identified the cause of the fire to be a short-circuit. They strongly suggested that all the wires of the house be replaced as they had become old and their insulation had become weak.

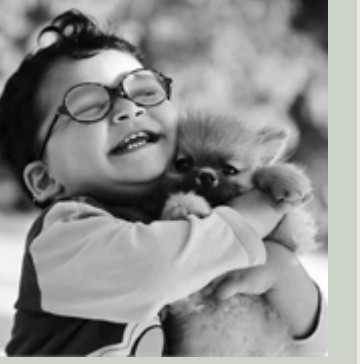
This night will forever be in my memory and changed who I was as a person. That night to most might seem like a curse but to me it was a blessing in disguise as it changed me for the better and gave meaning to my life. Today is my first day at the newly appointed fire brigade at my village and nothing brings me as much joy as saving people and helping them selflessly and I might have never realized this if it weren't for that one fateful night.

**A short story by Siddhanth Ganesh, 9E**



## प्रसन्नता एक अनमोल खजाना

हिंदु धर्म में कई तरह की मान्यताएँ हैं। दान करना उसी में से एक है। हर मनुष्य को अपनी श्रद्धा के अनुसार कुछ न कुछ दान देना चाहिए। दान उदारता का प्रतीक माना गया है। एक कहावत है पुष्य इकट्ठा करने वाले हाथों में कुछ सुगंध हमेशा रह जाती है। जो लोग दूसरों की ज़िंदगी को रोशन करते हैं, उनकी ज़िंदगी खुद रोशन हो जाती है – हैसमुख,विनोदप्रिय, विइवासी लोग, प्रत्येक जगह अपना मार्ग बना ही लेते हैं क्योंकि खुशी का कोई निश्चित मापदंड नहीं होता है। एक माँ बच्चे को स्नान कराने पर खुश होती है, छोटे बच्चे मिट्टी के घर बनाकर, पानी में कागज़ की नाव चला कर खुश होते हैं। सचमुच कई तरह से खुशियाँ देती है ये ज़िंदगी। खुशी एवं मुस्कान भी जीवन का बड़ा चमत्कार ही है, जो जीवन को एक सार्थक दिशा प्रदत्त करता है। हजारों महारूपों ने हमें जीवन में खुश,नेक, नीतिवान होने का संदेश दिया है। इनका समूचा जीवन मानवजाति को बेहतर अवस्था में पहुँचाने की कोशिश में गुंजरा। इनमें से किसी की परिस्थितियाँ अनुकूल नहीं थी। हर किसी ने मुश्किलों से जुझकर उन्हें अपने अनुकूल बनाया और जन-जन में खुशियाँ बाँटी।



हमें बस इतना संकल्प तो अवश्य ही करना चाहिए कि केवल अपने लिए न जीएँ, कुछ दूसरों के हित के लिए भी कदम उठाएँ क्योंकि परोपकार से मिलने वाली प्रसन्नता तो एक चंदन है, जो दूसरे के माथे पर लगाइए तो अपनी अँगुलियाँ अपने आप महक उठेंगी। आओ हम भी बने किसी और की खुशियों में हिस्सेदार ...

अक्षय, कक्षा – ९ 'ब'

## ಮಕರ ಸಂಕ್ರಾಂತಿ

ಸೂರ್ಯನು ಒಂದು ರಾಶಿಯಿಂದ ಮತ್ತೊಂದು ರಾಶಿಯನ್ನು ಪ್ರವೇಶಿಸುವ ಸಂಧಿ ಕಾಲಕ್ಕೆ ಸಂಕ್ರಾಂತಿ ಅಥವಾ ಸಂಕ್ರಮಣ ಎಂದು ಹೆಸರು. ಫೌರಮಾನದ ಪ್ರಕಾರ ಸೂರ್ಯನು ಮೇಷಾದಿ ಹನ್ನೆರಡು ರಾಶಿಗಳನ್ನು ಪ್ರವೇಶಿಸುವಾಗಲೂ ಸಂಕ್ರಾಂತಿ ಬರುತ್ತದೆ. ಆದರೆ ಅವುಗಳಲ್ಲಿ ಕರ್ಕಾಟಕ ಸಂಕ್ರಾಂತಿ ಹಾಗೂ ಮಕರಸಂಕ್ರಾಂತಿಗಳು ದಕ್ಷಿಣಾಯನ, ಉತ್ತರಾಯನಗಳ ಪ್ರಾರಂಭದ ದಿನಗಳಾಗಿದ್ದರಿಂದ ವಿಶೇಷ ಮಹತ್ವವುಳ್ಳವುಗಳಾಗಿವೆ. ಸಂಕ್ರಾಂತಿ ಒಂದು ವಿಧದಲ್ಲಿ ಸೂರ್ಯರಾಧನೆ. ಸಾಮಾನ್ಯವಾಗಿ ಪುಷ್ಯ ಮಾಸದಲ್ಲಿ ಬರುವ (ಜನವರಿ ೧೩ ಅಥವಾ ೧೪ರಂದು) ಮಕರ ಸಂಕ್ರಾಂತಿಯನ್ನು ಉತ್ತರಾಯಣ ಪುಣ್ಯಕಾಲವೆಂದು ಕರೆಯುತ್ತಾರೆ. ಇದು ರೈತರಿಗೆ ಸುಗ್ಗಿಯ ಹಬ್ಬ.

ಕರ್ನಾಟಕದಲ್ಲಿ ಎಳ್ಳು, ಸಕ್ಕರೆ-ಅಡ್ಡು ಅಥವಾ ಬೆಲ್ಲವನ್ನು ನೆರೆ ಹೊರೆಯವರಿಗೆ ಬಂಧುಮಿತ್ರರಿಗೆ ಹಂಚುವ ನೆಲೆಯು ಸಾಮಾಜಿಕ ಸಂಪ್ರದಾಯ ಈ ಹಬ್ಬದ ಒಂದು ವಿಶೇಷ. ಈ ಮಂಗಳಕರ ದಿನದಂದು ಹೊಸಬಟ್ಟೆ ಧರಿಸಿ ಹತ್ತಿರದ ಜನರನ್ನು ಮತ್ತು ಸಂಬಂಧಿಗಳನ್ನು ಭೇಟಿಯಾಗಿ ಎಳ್ಳುಬೆಲ್ಲವನ್ನು ವಿಸಿಮೆಯ ಮಾಡಿಕೊಳ್ಳುತ್ತಾರೆ.

“ಎಳ್ಳು ಬೆಲ್ಲ ತಿಂದು ಒಳ್ಳೆಯ ಮಾತಾಡೋಣ” ಎಂದು ಹೇಳಿಕೊಳ್ಳುತ್ತಾರೆ. ಮಹಿಳೆಯರು ಗುಂಪು ಗುಂಪಾಗಿ ರಂಗೋಲಿಯನ್ನು ಬಿಡಿಸುವುದು ಸಂಕ್ರಾಂತಿಯ ಸಮಯದ ಮತ್ತೊಂದು ಜನಪ್ರಿಯ ಘಟನೆಯಾಗಿದೆ. ದನಕರುಗಳನ್ನು ಸಿಂಗರಿಸುವುದು ಮತ್ತು ಮೆರವಣಿಗೆ ಮಾಡುವುದು ಇನ್ನೊಂದು ಧಾರ್ಮಿಕ ಪದ್ಧತಿಯಾಗಿದೆ. ಇದರಲ್ಲಿ “ಕಿಚ್ಚು ಹಾಯಿಸುವುದು” ಹಳ್ಳಿಗಳಲ್ಲಿ ಸಾಮಾನ್ಯವಾಗಿದೆ.

ತಮಿಳುನಾಡಿನಲ್ಲಿ ಈ ಹಬ್ಬವನ್ನು 'ಪೊಂಗಲ್' ಎಂದು ಕರೆಯುತ್ತಾರೆ. ಪೊಂಗಲ್ ಎಂದರೆ ಆಕ್ಕಿ, ತುಪ್ಪ, ಹಾಲು, ಸಕ್ಕರೆ ಅಥವಾ ಬೆಲ್ಲಗಳಿಂದ ಮಾಡಿದ ಸಿಹಿ ಖಾದ್ಯ. ಸುಗ್ಗಿಯ ಉತ್ಸವಗಳಿಂದ ಮಾಡಿದ ಇದನ್ನು ಸೂರ್ಯದೇವನಿಗೆ ನೈವೇದ್ಯ ಮಾಡಲಾಗುವುದು. ಗುಜರಾತ್ ಮತ್ತು ಮಹಾರಾಷ್ಟ್ರಗಳಲ್ಲಿ ಸಂಕ್ರಾಂತಿಯ ದಿನದಂದು ಗಾಳಿಪಟಗಳನ್ನು ಹಾರಿಸಿಬಿಡುವ ಸಂಪ್ರದಾಯವುಂಟು. ಪಂಜಾಬ್ ಮತ್ತು ಹರಿಯಾಣಗಳಲ್ಲಿ ಸಂಕ್ರಾಂತಿಗೆ 'ರೋಹಿರ್' ಎಂದು ಹೆಸರು.

ಮಕರ ಸಂಕ್ರಾಂತಿಯಂದು ಜನರು ಗೋಧಿ ಮತ್ತು ಸಿಹಿತಿಂಡಿಗಳನ್ನು ದಾನ ಮಾಡುತ್ತಾರೆ ಮತ್ತು ಇದು ಸಮೃದ್ಧಿ, ಸಂತೋಷವನ್ನು ತರುತ್ತದೆ ಎಂದು ನಂಬಲಾಗಿದೆ. ಮಕರಸಂಕ್ರಾಂತಿ ಎಲ್ಲರೂ ಆನಂದಿಸುವ ಹಬ್ಬವಾಗಿದ್ದು, ಒಗ್ಗಟ್ಟು ಮತ್ತು ಸಾಮರಸ್ಯದ ಸಂದೇಶವನ್ನು ಹರಡುತ್ತದೆ.

**ಶ್ರೇಯಾಂಕ್ ಬರ್ಗೇ**

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